



Grèvol SPA

Source of welfare
Treatments

Wellness rituals

Signature treatments

	INCLUDES:	Duration	Price
Deep Relief Ritual Comprehensive Back Relief Ritual		60 min	95 €
An exclusive back-focused program combining manual techniques, intense movements, pressure points, mud therapy and hydrotherapy. Ideal for reducing tension and providing deep muscular relief.	•Back massage •Mud application on the back •Hydrotherapy bathtub with relaxing jets		
Camprodon Valley Biscuits Gourmand sensory experience		60 min	95 €
Enjoy a gourmand experience that transports you to the Camprodon Valley and awakens the senses through sweet and nourishing textures for the skin.	•Body exfoliating massage with handcrafted natural cookie preparation and almond oil •Chocolate body wrap •Hydromassage bath		
The Strength of the Pyrenean Forest NEW The Living Energy of the Pyrenean Forest		90 min	150 €
A deep experience in harmony with the nature of the Pyrenees, combining manual techniques and thermal elements to restore the body and revitalize energy.	•Back, leg and arm massage with hot herbal compresses •Scottish shower •Body wrap with forest essential oils •Hydromassage bath		
The Little Prince Wellness treasure		90 min	185 €
A complete ritual inspired by the iconic book « The Little Prince », recreating its magic through exfoliation, body massage and a facial treatment under the stars. « What is essential is invisible to the eyes ».	•Welcome ritual •Gentle exfoliation and body massage •Complete facial treatment		
The 7 wonders of the world NEW Sensory ceremony		90 min	185 €
An inner journey inspired by iconic monuments of the world, where music and holistic techniques create a profound connection experience.	•The seven wonders ritual •Body massage and foot reflexology •Craniosacral therapy and other holistic techniques		
Journey Along the Ter River Natural immersive experience		110 min	185 €
Immerse yourself in a sensory journey inspired by the serenity of the Ter River, with exfoliation and an intense body massage reconnecting you with the fluidity and vitality of water. The ritual ends with a hydro massage bathtub with mineral salts, symbolizing the transition towards the sea.	•Exfoliation and massage of feet, legs, head, arms and back •Refreshing oil body wrap •Hydromassage bathtub with salts		

Wellness experiences created and signed by M. Àngels Blanch, Núria Canaleta and the entire SPA team.

MASSAGE

Legs or back	25'	55 €
Full Body Relaxation Massage	40'	75 €
Full relaxation massage	55'	100 €
Full Body Sports Massage	55'	110 €
Sports leg massage	25'	65 €
Craniofacial massage	25'	55 €
Full relaxation massage with aromatherapy	70'	135 €
Foot reflexology	25'	55 €
Foot reflexology + metamorphic technique	50'	95 €
Helps release emotional and physical tension.		
Back massage + craniosacral / craniofacial NEW	55'	95 €
Roots of Earth & Sky NEW	55'	90 €
Manual head and foot massage with kansa Ayurvedic bowl and foot mask, promoting connection and balance.		
Hot and cold stones massage	55'	105 €
Four-hand massage NEW	40'	120 €
Breeze Paths ✨		
Our traditional four-hand massage with a special touch: a gentle back peeling and a sensory experience where music inspires a feeling of breeze, creating deep relaxation and harmony.		
Lomi-Lomi with coconut oil	40'	80 €
Pregnancy massage	55'	100 €
Rose therapy	55'	105 €
Lymphatic drainage (legs)	55'	110 €
Full lymphatic drainage	75'	140 €
Suddhi Kansa NEW	40'	80 €
Ayurvedic massage with kansa bowl applied to feet, hands, neck and abdomen, with mask included. Improves circulation and body drainage.		
Wood Therapy Body Sculpting Treatment	40'	80 €
Children's massage "Smiles Massage" ✨	20'	40 €
Gentle and personalised massage adapted to each child to relax the body and awaken smiles. A moment of calm, imagination and wellbeing with a touch of magic.		

FACIAL AESTHETICS

Beauty and wellbeing combined

Facial exfoliation	25'	55 €
Firming treatment with Japanese lifting	55'	95 €
Purity treatment for sensitive skin	55'	95 €
Special facial treatment for men	55'	95 €
Happy Face Vitamin C + Retinal with Gua Sha	55'	95 €
STOP AGE treatment	55'	95 €
Mukha Prana Flow NEW	55'	95 €
Ayurvedic-inspired facial ritual designed to restore beauty, balance and wellbeing.		
Deep facial cleansing	60'	115 €

BODY TREATMENTS

Scottish Shower	10'	45 €
Programmable Hydrotherapy Jet Bath	20'	45 €
Body Exfoliation	25'	50 €
Body Wrap with Seaweed, Cocoa and Essential Oils	25'	45 €

VAT included

The Art of Caring for Body and Soul

