



Grèvol SPA

Source of welfare
Treatments

Wellnes rituals

Remove tensions

This program consists on a back massage combining powerful movements and specific pressure points with the bathtub and paraffin mud to help relieve muscular tension.

INCLUDING: Back massage - Paraffin mud - Decontracting hydro massage.

Time:

60 min

Price:

80 €

Light legs **NEW**

Treatment combining leg massage (anti-cellulite, circulatory or muscular) with jet shower and mud that will allow you to discover an uplifting sensation, activate blood circulation and encourage cellulite removal.

INCLUDING: Leg and feet massage - Leg mask - Jet shower.

60 min

80 €

Wine therapy **NEW**

This treatment is based on grape properties, a treasure for wellness. Its antioxidant and rejuvenating power counteracts the negative effects of cellular aging and its relaxing qualities relieve muscular tension allowing for a pleasant wellness sensation.

INCLUDING: Back, leg and arm massage - Grape hydro massage - Scottish shower - Grape wrap.

105 min

130 €

Sweet sensations

Special programme for chocolate and candy lovers. Moisturises and nourishes the skin, endorphin production puts you in a good mood, it spurs the senses and sculpts your figure.

INCLUDING: Coconut body scrub and massage - Chocolate wrap - Vanilla bathtub.

60 min

85 €

Lavender deep calm

Full treatment harmonically combining the traditional massage qualities with the soft pressure touches of herbal pindas, leading to a relaxing experience, both at physical and emotional level.

INCLUDING: Lavender scrub and wrap - Hydro massage - Facial peeling, craniofacial and body massage with mountain herbs and tea oil pindas.

130 min

160 €

Underwater dreams **NEW**

Relieves pain coming from tension and stress situations, as well as reduces anxiety and insomnia, and purifies emotional toxins. Regenerating treatment that brings a deep sensation of calm and peace through the hydro massage mechanical stimulation, the peeling and the Ayurvedic massages...

INCLUDING: Vichi shower exfoliation - Nadi Abhyanga massage (back and back of legs) - Paga Abhyanga massage (feet) (AYURVEDIC MASSAGES)

90 min

170 €

Candle massage

Anniversary special - Signature treatment -

Special treatment for all those celebrating years. A wellness and relax gift.

INCLUDING: Welcome ritual - Back massage with aromatic candles - balancing foot reflexology massage.

60 min

95 €

VAT included

Hydrotherapy

Scottish shower	25€
Automated hydro massage	30€

Massages

Legs or back	25'	45€
General relaxation	40'	65€
General relaxation	55'	85€
Sport	55'	95€
General relaxation with aromatherapy	70'	120€
Nadi Abhyangam massage NEW (Body ayurvedic massage)	55'	85€
Mastaka & Paga Abhyangam NEW (Head and feet ayurvedic massage)	55'	85€
Craniofacial	25'	45€

Foot reflexology	25'	45€
Four hands	40'	110€
Firming and anti-cellulite	40'	65€
Lomi-Lomi with coconut oil NEW	40'	65€
Vichy under shower	40'	90€
Special for expectant women	55'	85€
With hot and cold stones	55'	90€
Leg lymphatic drainage	55'	90€
Full lymphatic drainage	75'	125€
Special massages for children (Chocolate, Paw Patrol, animals, princes and princesses, superheroes...)	20'	35€

Facial treatments

Facial exfoliation	25'	45€
Facial nourishing treatment	60'	90€
Snow Flower treatment (ultra rejuvenating)	60'	95€
Facial treatment special for men	60'	90€
Vitamin C treatment	60'	95€
Eyes, lips and neck combo treatment	60'	90€
Facial oxygen treatment	60'	95€
Facial treatment with Japanese lifting	60'	95€
Facial cleansing	70'	95€

Body treatments

Body exfoliation	25'	45€
Algae, oils, cocoa or grape wrap		30€
Back cleansing		90€
Hands or feet treatment		65€
Manicure or pedicure		30€
Half leg waxing		25€
Full leg waxing		35€
Armpit or groin waxing		15€
Eyebrows or upper lip waxing		10€

Yoga, Pilates ...
[Ask for information](#)

Practice the healthy art of caring for the body

